

Connacht U14-Senior Track & Field Competition
Order of Events: Saturday 17th June 2017, Sligo IT

All seniors compete with U19

Track **10.00am** Relays 18,16,14,19,17,15

Check in 9.45am

11.00am

<u>Event</u>	<u>Age</u>	<u>height</u>
400m H	18 B	84cm
400m H	19B	91 cm
400m H	18 G	76 cm
300m H	17 G	76cm
300m H	17 B	76cm
250m H	15B	76cm
250m H	16B	76cm
250m H	15G	68 cm
250m H	16G	68 cm

2pm

<u>Event</u>	<u>Age</u>
80m	14 G
	14 B
100m	15 G
	15 B
	16 G
	16 B
	17 G
	17B
	18 G
	18 B
	19/sen G
	19/sen B
800m	14 G
	14 B
	15 G
	15 B
	16 G
	16 B
	17 G
	17 B
	18/Sen
200m	18/Sen
	17 B
	17 G
	16 B
	16 G
	15 B
	15 G
	14 B
	14 G
3000m	16-Sen
400m	17-sen G
	17-sen B

Move all hurdles to the sprints area lanes 3-8

1500m	16-sen G	
	16-sen B	
	14+15 G	
	14+15 B	
2000m W	14 G/B	
	15 G/B	
	16 G	
	16 B	
3000m W	17 G/B	
	18/19 G	
75m H	14G	68 cm
	14B	76cm
80m H	15/16G	76cm
100m H	17/18G	76CM
80mH	15B	84cm
100m H	19 G	84cm
	16 B	84cm
110m H	17/18 B	91 cm
	19/sen B	99cm
S/C	17G - 2000m	76CM
	18G-2000m	76CM
	19 G- 3000m	76CM
	18B- 3000m	91cm

Track lunch break