

# Midlands Inter-County Match

Friday 20th May 2016 (6.30pm) Tullamore Harriers Stadium

## TRACK EVENTS

### Order of Events

1. Girls U-11 80m
2. Boys U-11 80m
3. Girls U-12 80m
4. Boys U-12 80m
5. Girls U-13 80m
6. Boys U-13 80m
7. Girls U-14 100m
8. Boys U-14 100m
9. Girls U-9 60m
10. Boys U-9 60m
11. Girls U-10 60m
12. Boys U-10 60m

### Finals of the Above

14. Girls U-9 300m
15. Boys U-9 300m
16. Girls U-10 500m
17. Boys U-10 500m
18. Girls U-11 600m
19. Boys U-11 600m
20. Girls U-12 600m
21. Boys U-12 600m
22. Girls U-13 600m
23. Boys U-13 600m
24. Girls U-14 800m
25. Boys U-14 800m

### Athletes must stay in their own age group:

- U 9 2008
- U 10 2007
- U 11 2006
- U 12 2005
- U 13 2004
- U 14 2003

## FIELD EVENTS

### Order of Events

#### Long Jump

- Girls U-10\*
- Boys U-10\*
- Girls U-12
- Boys U-12
- Girls U-14
- Boys U-14
- Girls U-11
- Boys U-11
- Boys U-13
- Girls U-13

#### Turbo Javelin

- Girls U-9
- Boys U-9
- Girls U-11
- Boys U-11
- Girls U10
- Boys U-10

\*U-10s Take off from sand.

#### Shot Putt

- Girls U-14 (2kg)
- Boys U-14 (2.72kg)
- Girls U-13 (2kg)
- Boys U-13 (2kg)
- Girls U-12 (2kg)
- Boys U-12 (2kg)

#### Long Jump

Each Athlete is allowed two jumps with the top eight getting a further attempt.

### IMPORTANT

Each County must provide 5 officials, to be checked in at the Finish Area no later than **6.20pm**.