

Connacht Team Events AND U12/U13 Track & Field Competition

SATURDAY 10TH JUNE 2017, Sligo IT

Day 1

all track events will be done on times except U12 & U13 60m\80m heats

10am start

RELAYS

Girls/Boys	U10	4*100m	
	U12	4*100m	
	U9	4*100m	(all athletes must be born 2009)
	U11	4*100m	
	U13	4*100m	

11am

Girls	12	60mH
Boys	12	60mH
Girls	13	60mH
Boys	13	60mH

11:30am Farside track with timing

Girls	9	60m
Boys	9	60m
Girls	10	60m
Boys	10	60m
Girls	11	60m
Boys	11	60m

11:30am Nearside track for heats NO times

Girls	12	60m
Boys	12	60m
Girls	13	80m
Boys	13	80m

Finals follow U11

2pm

Girls	10	500m
Boys	10	500m
Girls	11	600m
Boys	11	600m
Girls	12	600m
Boys	12	600m
Girls	13	600m
Boys	13	600m
Girls	9	300m
Boys	9	300m

11am

Girls	9	Long Jump 1
Boys	9	Long Jump 2
Girls	11	Long Jump 1
Boys	11	Long Jump 2
Girls	10	Long Jump 1
Boys	10	Long Jump 2
Girls	13	Long Jump 1
Boys	13	Long Jump 2
Girls	12	Long Jump 1
Boys	12	Long Jump 2

2 pits

11am

Girls	11	Turbo Javelin
Boys	11	Turbo Javelin
Girls	10	Turbo Javelin
Boys	10	Turbo Javelin
Girls	12	Turbo Javelin
Boys	12	Turbo Javelin
Girls	9	Turbo Javelin
Boys	9	Turbo Javelin

2 turbo throwing areas

11am

Girls	12	Shot Putt
Boys	12	Shot Putt
Girls	13	Shot Putt
Boys	13	Shot Putt

noon

Girls	12	High Jump
Boys	12	High Jump
Girls	13	High Jump
Boys	13	High Jump

2pm

Girls	13	Javelin
Boys	13	Javelin